Date: 10-09-2026

WORLD SUICIDE PREVENTION DAY

"World Suicide Prevention Day" was commemorated at Shree Naranjibhai Lalbhai Patel College of Pharmacy, Umrakh, with the objective of promoting hope, compassion, emotional support, and awareness regarding suicide prevention. The programme focused on the importance of creating a supportive environment where individuals feel comfortable expressing their emotions, seeking help, and communicating their concerns without fear of judgment.

The programme was initiated with an introductory address highlighting the significance of suicide prevention and the collective responsibility of creating awareness about emotional well-being. The address emphasized the importance of open communication, active listening, empathy, and timely support for individuals experiencing emotional difficulties. Participants were encouraged to understand that a supportive conversation and a few words of encouragement can provide comfort to someone going through a challenging period.

The respected Principal, **Dr. Ketan Shah** sir addressed the gathering and shared meaningful messages on the value of life, emotional support, and the importance of being attentive towards the feelings and concerns of others. They emphasized the need to listen patiently and without judgment and encouraged students and faculty members to contribute towards building a caring and supportive college environment.

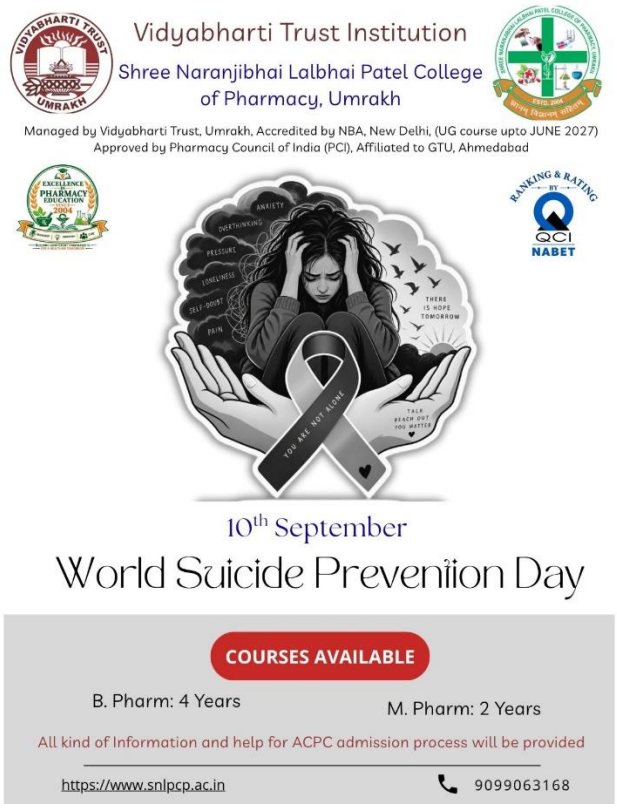
As a meaningful part of the programme, a "**Hope Tree**" activity was organized to provide participants with an opportunity to express positive thoughts and messages of encouragement. The tree was prepared with leaves already placed on it, and participants were invited to write their thoughts, inspirational quotes, positive messages, and words of hope on the leaves. The activity was initiated by the Principal Sir, followed by participation from senior faculty members, junior faculty members, and B.Pharm students. The active participation of both faculty and students reflected the collective involvement of the college community in spreading positivity, compassion, and hope.

Faculty members encouraged students to participate actively and express their thoughts through simple yet meaningful messages. The B.Pharm students enthusiastically participated in the activity by contributing motivational messages and positive words that reflected the importance

of friendship, support, kindness, courage, and hope during difficult times. The participation of students and faculty members together made the activity more engaging and meaningful and highlighted the importance of creating a supportive academic environment.

The programme provided an opportunity for the college community to reflect on the importance of emotional support and responsible communication. It reinforced the message that everyone can play a role in supporting those around them by being approachable, listening with empathy, and encouraging individuals to seek appropriate help when needed.

The Hope Tree activity concluded with a positive message that even a few words of kindness, understanding, and encouragement can make a meaningful difference in someone's life. The participation of the Principal sir, faculty members, and B.Pharm students made the programme a collective expression of hope and support, contributing to greater awareness and a compassionate atmosphere within the college community.






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Vidyabharti Trust Institution
Shree Naranjibhai Lalbhai Patel College
of Pharmacy, Umrakh
10th September
World Suicide Prevention Day
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DAY [10th Sep.]
Hope Tree


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Hope Tree
SNLPCP,
UMRAKH


WORLD SUICIDE PREVENT
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Vidyabharti Trust Institution
10th September
World Suicide Prevention Day
Hope Tree


WORLD SUICIDE DAY






10th September







Event Co-ordinator:

Ms. Riya K. Mehta