



## **Shree Naranjibhai Lalbhai Patel College of Pharmacy**

### **Vidyabharti Trust, Umrakh**

#### **A Report on “Webinar on IEC ABHIYAN COVID -19 ”on 17/10/2020**

**Event Name:** WEBINAR ON IEC ABHIYAN COVID -19

**Event Date and Time:** 17/10/2020, 11.00 am to 12:30 pm

**Brief Description of the Event:**

**About Vidyabharti Trust :**

The Vidyabharti Trust was registered as Public Education Trust under the Bombay Public Trust Act, 1950 in 18/09/1980, registration no. E-1852-Surat with a pious aim to impart quality education and training to the children from Primary to the terminal of higher education and allied research. The trust also received exemption under section 80(G) of the income-tax act for accepting donations.

The Vidyabharti Trust campus is in the vicinity of Bardoli, the nucleus of the political activity during our freedom struggle and ship anchor of the well known Bardoli Satyagraha of Shri Sardar Vallabhbai Patel. The campus is situated in an area of 38 acres of land. It catalyses and manifests educational activities in a peaceful natural environment.

The Vidyabharti Trust has fulfilled many motives pertaining to education in the present arena. Currently, the Trust has obtained recognizable position in the society.

### **Webinar Objective :**

The campaign is fundamental in the fight against covid-19 and needs to be widely followed and adhered to. The following matters have to be complied with as per IEC (Information Education Communication).

- Mask
- Social Distancing
- Hand Hygiene
- Immunity Boost-upPractices
- ReverseQuarantine

This established procedure is extremely important in preventing coronary infection. Therefore, all the institutes affiliated to Gujarat Technological University are advised to organize an online webinar to spread awareness under the IEC campaign with the objective of making the officers, employees, students and parents aware of this.

### **Expert Speakers' Detail:**

**Dr. Amrut Patel**  
**Medical Superintendent & General Surgeon**  
**Bardoli Satyagraha Hospital & CHC, Health**  
**And Family Welfare Department**  
**Government OfGujrat**

**Activities and Societies:** member of rotary club of bardoli and junior chamber international , Bardoli conducting seminars on health awareness for college students on the subject of HIV/AIDS , tuberculosis , sickle cell anemia , maternal and child health . as well as motivational presentations on self-developments free of charge.

### **You Tube Link of Webinar:**

<https://youtu.be/cqtf1opSEPY>

### **Total number of participants:**

- 250 Students +200 Faculty Members of Vidhyabharti TrustInstitution

WEBINAR BANNER

**VIDYABHARTI TRUST INSTITUTIONS, UMRAXH**  
**National Service Scheme (NSS)**

**WEBINAR**  
on  
**IEC अभियान डेविड-19**

**EXPERT SPEAKER**  
**Dr. Amrut Patel**  
Medical Superintendent &  
General Surgeon,  
Bardoli Satyagraha Hospital & CHC,  
Health and Family Welfare Department  
Government of Gujarat

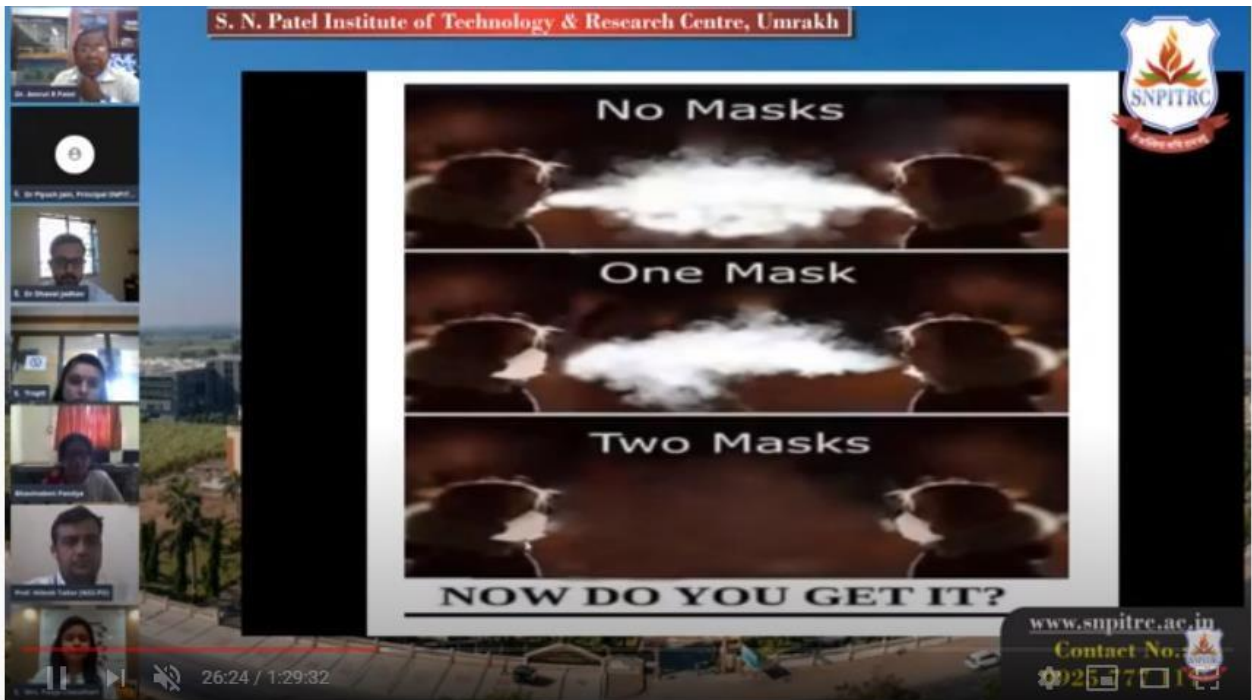
**Degree Engg. College**  
**Pharmacy College**  
**BIT Diploma Engg. College**  
**MBA/MCA College**

...: VIEW ONLINE ON ...:  
<https://snpitrc.ac.in/WEBINAR.aspx>  
YouTube SNPIT&RC Umrakh

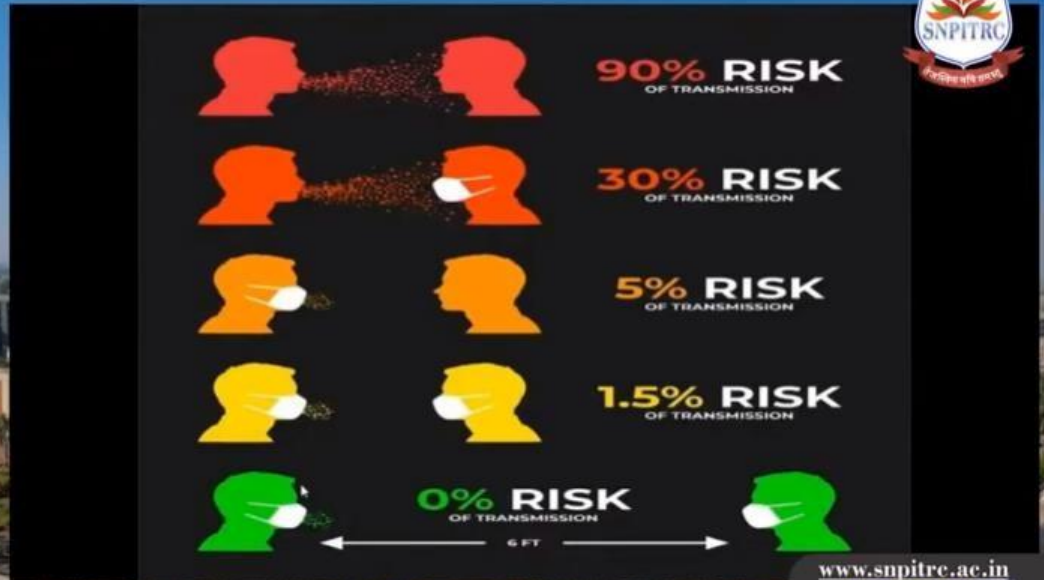
**Date: 17/10/2020**  
**Time: 11:00 am onwards**

Vidyabharti Campus, At & Po Baben, Ta: Bardoli, Dist: Surat, Pin: 394601 | Contact No.: 9925 777 117

## WEBINAR PHOTOGRAPHS







www.snpitre.ac.in  
Contact No.: 9925 777 11



**AYURVEDA'S IMMUNITY BOOSTING MEASURES FOR SELF CARE DURING COVID 19 CRISIS**

**GENERAL MEASURES TO ENHANCE THE BODY'S NATURAL DEFENCE SYSTEM**


- 1 Drink warm water throughout the day
- 2 Daily practice of Yogasana, Pranayama and meditation for at least 30 minutes
- 3 Use Haldi (Turmeric), Jeera (Cumin), Dhaniya (Coriander) and Lahsun (Garlic) in cooking

Note: In Ayurvedic practice, preventive care revolves around "Dinacharya" - daily regimen and "Ritucharya" - seasonal regimen

MINISTRY OF AYUSH


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Contact No.: 9925 777 11


**S. N. Patel Institute of Technology & Research Centre, Umrakh**



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### Hand washing technique with soap and water



Issued by  www.debgroup.com  
World Health Organization

Dr. Anand K. Patel

Dr. Piyush Jain, Principal (SNPITRC)

Dr. Shreshth Jadhav

Trupti

Shantosh Patel

Prof. Hitesh Talar (SNPITRC)

Ms. Pooja Chaudhari

### Questionnaire session

- Q-1. માર્કેટમાં ઘણા પ્રકારના માસ્ક અને સેનિટાઇઝર મળે છે. તો અમારે કયાં પ્રકારના માસ્ક અને સેનિટાઇઝર નો ઉપયોગ કરવો.
- Q-2. હેન્ડ સેનિટાઇઝરની સાચી રીત જણાવશો
- Q-3. રૂટિન લાઈફમાં ઉકળો, નાશ તેમજ આયુર્વેદિક દવાનો કેવી રીતે ઉપયોગ કરવો
- Q-4. Social Distancing કેટલું જરૂરી છે.
- Q-5. Covid ના લક્ષણ જણાય બાદ હોમ કોરન્ટાઇલ માટે કેવી કાળજી લવી જોઈએ અને હોમ કોરન્ટાઇલ ની સાચી રીત જણાવશો
- Q-6. Covid પેસન્ટને O2 અને વેન્ટિલેટર ક્યારે જરૂર પડે છે
- Q-7. આ સમયમાં માનસિક સંતુલન કેવી રીતે જાળવી શકાય.
- Q-8. સાજા થઈ ગયા બાદ રૂટિન લાઈફમાં શું શું કાળજી રાખવી